

Recovery Home Environment Scale - Revised

Adapted from Polcin, D. L., Mahoney, E. & Mericle, A. A. (2021): Page 1 of 3

Recovery home: _____ Date: _____

Please circle one number for each item with:

1 = Not at all, 2 = A little, 3 = Somewhat, 4 = Quite a bit, or 5 = A lot.

1. To what extent do residents provide emotional support to one another? 1 2 3 4 5
2. To what extent do residents socialize together? 1 2 3 4 5
3. To what extent do residents support each other to address practical problems, such as where to find needed services, how to find employment, and transportation? 1 2 3 4 5
4. To what extent do residents go to 12-step or other peer mutual aid group meetings together? 1 2 3 4 5
5. How effective are house meetings in terms of resolving problems and conflicts? 1 2 3 4 5
6. To what extent are residents involved in decisions that affect the house? 1 2 3 4 5
7. To what extent do residents work a 12-step or other peer mutual aid group program on a daily basis within the sober living home environment? This would include things like using 12-step or other recovery principles to address conflicts and other problems. 1 2 3 4 5
8. To what extent do residents point out potential harm that could result from relapse or not continuing to work a strong recovery program? 1 2 3 4 5

Ensuring your anonymity is important. Please complete the anonymity code. Remember your answer to these four items to receive your survey results at a later date.

First letter of your mother's first name _____

Last letter of your mother's last name _____

First digit of your social security number ... _____

Last digit of your social security number ... _____

Check one: Resident House Manager Staff



Recovery Home Environment Scale - Revised

Adapted from Polcin, D. L., Mahoney, E. & Mericle, A. A. (2021): Page 2 of 3

Check one: Female Male Transgender

Check all that apply: Asian.....
Black/African American.....
Hawaiian/Pacific Islander.....
Latinx/Hispanic
Native American.....
White/Caucasian.....
Other.....

Check one: 17 years of age or younger
18-24.....
25-34.....
35-44.....
45-54.....
55-64.....
65+.....

Check one: Never married.....
Married/Live-in partner
Separated
Divorced
Widowed

Check all that apply: No children
Children 17 or younger.....
Children 18 or older

Check one: Annual income less than \$12,490.....
\$12,490+.....

Check all that apply: This recovery home has a cat
Dog
Bird.....
Some other animal.....
No pets live at this recovery home

Check all that apply. I am in recovery from:

alcohol or other drug use. Yes since: (start date) _____

a mental illness. Yes since: (start date) _____

a physical illness. Yes since: (start date) _____

Date I started at this recovery home: MM ____ DD ____ YYYY _____



Recovery Home Environment Scale - Revised

Adapted from Polcin, D. L., Mahoney, E. & Mericle, A. A. (2021): Page 3 of 3

Results

For each item on the first page, please enter the number (1-5) that you circled in the corresponding space below. Then, total each column of numbers at the bottom.

4. ____
5. ____
1. ____ 6. ____
2. ____ 7. ____
3. ____ 8. ____

Total = ____ /15 = ____% Total = ____ /25 = ____% Total = ____ /40 = ____%

Recovery Supports	Recovery Skills
Emotional support, practical support, and residential socializing together	attending 12-step or other peer recovery support meetings together, the practice of 12-step or other peer recovery support principles among residents in the house, the effectiveness of house meetings to resolve conflict, and supportive engagement about potential harms

You may keep this page

